

GROWING

A Confident Kid



Presented by: Name

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STOP CONTROLLING AND START COACHING

- 👤 Coaches help kids develop skills
- 👤 Your job as a parent is to support
- 👤 This means we have to manage
- 👤 Doing things WITH her teaches



REMEMBER THAT PERFECTION IS NOT THE GOAL



- 🧑 Resist the temptation to "improve"
- 🧑 Your child's task, unless the outcome
- 🧑 Constant intervention undermines
- 🧑 Prevents from learning for himself.

LET HIM TRY TO DO IT HIMSELF FROM THE EARLIEST AGE

- 🧑 Rein in your own anxiety
- 🧑 That doesn't mean abandoning him
- 🧑 Stand by, smiling, ready to be helpful
- 🧑 Your hands to yourself except to give



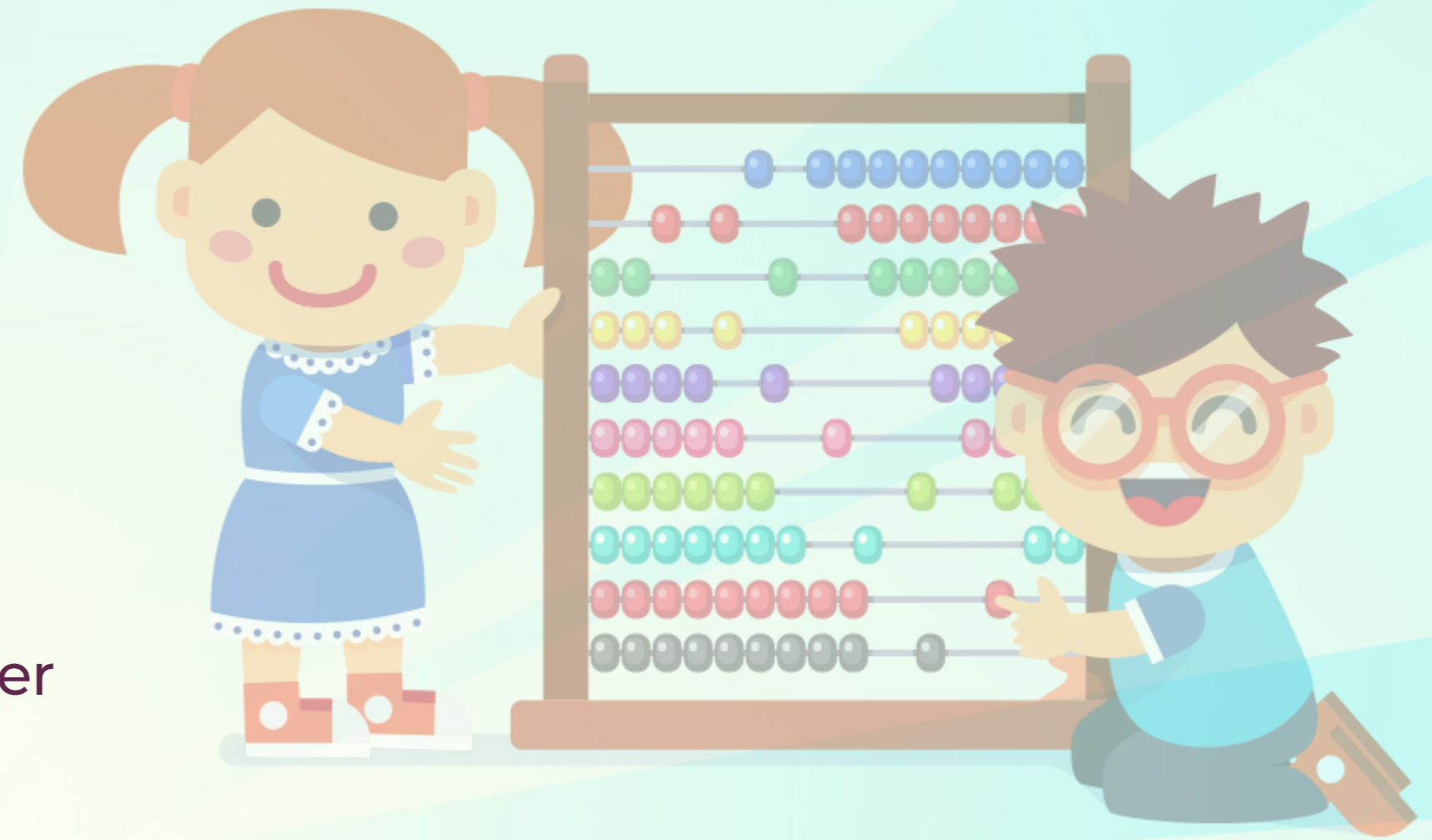
INSTEAD OF EVALUATING, DESCRIBE AND EMPHASIZE



- 🧑 Praise evaluates the outcome
- 🧑 It doesn't give the child much
- 🧑 Why you think it was good
- 🧑 You can refine your praise to

DON'T BE AFRAID OF YOUR CHILD'S FEELINGS

- 🧑 When your child encounters
- 🧑 Instead of automatically jumping
- 🧑 The frustration, give it a larger context
- 🧑 Your compassion that he has to encounter



THANK YOU !

WE WELCOME YOUR FEEDBACK.

FEEL FREE TO GET IN TOUCH IF YOU HAVE ANY QUESTIONS!

 @yourname

 @yourname

 @yourname